



Yates Children Memorial Fund Milestones

A Women's Mental Health Program at Mental Health America of Greater Houston

2002

- Yates Children Memorial Fund (YCMF) was established with mission “to raise awareness about postpartum illness for the benefit of mother, child and family.”

2003

- HB 341 (the Andrea Yates Bill) was passed by the 78th Texas House of Representatives mandating that information about postpartum depression and resources be provided to new mothers.
- “Your Emotions After Delivery” brochure was developed and printed in English and Spanish.
- Postpartum mental health information was incorporated into MHA’s *Responding Effectively: A Mental Health Curriculum* which MHA presented to health and social service organizations.
- YCMF partnered with the Houston Area Collaborative Perinatal Program to present a conference for nurses about perinatal mental health.

2004

- “Your Emotions After Delivery” brochure was translated into Vietnamese.
- First Women’s Mental Health Conference sponsored by YCMF held in Houston – over 150 health care professionals participated.

2005

- “Your Emotions After Delivery” was distributed statewide by the Texas Department of State Health Services.
- Intensive outreach to hospitals, clinics, and physicians began.

2006

- Collaborative program was launched with the City of Houston Women, Infants, and Children Program (WIC) to educate WIC staff and screen low income mothers for perinatal depression.
- Standard PowerPoint curriculum was developed for professional presentations on perinatal mood and anxiety disorders.
- YCMF hosted a luncheon to increase awareness among Hispanic media about women’s mental health.
- YCMF co-hosted a symposium with University of Houston Graduate College of Social Work titled “Women’s Mental Health and the Law.”

2007

- YCMF trained 180 Harris County WIC staff on perinatal mood and anxiety disorders and postpartum depression screening and referral.
- YCMF hosted two day-long trainings on perinatal mood and anxiety disorders for community health and behavioral health professionals.

2008

- YCMF planned and hosted the four-day Postpartum Support International conference.

2009

- YCMF offered its first “Train the Trainer on Perinatal Mood and Anxiety Disorders” for licensed mental health professionals who wished to present the training as representatives of YCMF.

2010

- “Your Emotions After Delivery” brochures were updated to include the Edinburgh Postnatal Depression Scale (EPDS).
- Postpartum depression posters were created in English and Spanish.
- Postpartum Depression Prevention Toolkit was released which included an article and abstracts from *Pediatrics* journal supporting postpartum depression screening, the EPDS, local and national resources, brochures and posters. Toolkit outreach focused on pediatricians.

2011

- MHA signed an MOU to share the templates for documents used in MHA’s Postpartum Depression Prevention Toolkit with MHA of Georgia so toolkits could be printed for distribution. By January 2012 MHA of GA had distributed 500 toolkits in Georgia to pediatricians, obstetricians, family physicians, midwives, nurses, and other health professionals.
- Four YCMF members presented on various maternal mental health issues at Neighborhood Centers Inc.’s conference “Healthy Minds, Healthy Moms, Healthy Families” in September.
- 618 professionals were trained in 2011.

2012

- YCMF expanded education and training efforts outside of Harris County when “Perinatal Mood and Anxiety Disorders” was presented at the Texas Healthy Start Alliance Conference in January for 111 attendees. The presentation was videotaped and used to train additional staff in Brownsville, Dallas, Fort Worth, Houston, Laredo and San Antonio.
- In May the Texas Department of State Health Services approved MHA’s perinatal mental health curriculum as a continuing education class for community health workers statewide. MHA collaborated with Harris Health System on the certification process.
- The new YCMF Fundraising Committee raised \$3,100 for YCMF through Macy’s “Shop for a Cause” Day in August and the Five Angels Pre-Holiday Fundraiser in October.
- 652 professionals were trained in 2012.

2013

- A fundraising luncheon, Ribbons and Roses, A Celebration of Women’s Mental Health, raised awareness of perinatal mental health; Dr. Lucy Puryear gave the keynote speech.
- 561 professionals were trained in 2013.

2014

- YCMF targeted federally qualified health centers to receive training on perinatal mental health.
- 554 professionals were trained in 2014.
- Children at Risk, Doctors for Change, and MHA collaborated to host a policy event on perinatal mental health.

***In total, YCMF has trained over 3,000 professionals
and distributed about 600,000 brochures.***