Presentation on Substance Abuse and Homelessness Programs to the House Select Committee on Mental Health

Lauren Lacefield Lewis
Assistant Commissioner, Mental Health and Substance Abuse
Department of State Health Services
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Overview of Substance Abuse Services

- Prevalence Rates and Need Met
- Substance Abuse Treatment for Adults
- Substance Abuse Treatment for Youth
- Substance Abuse Treatment for Women
- Opioid Treatment Services
- Co-occurring Psychiatric Substance Use Disorder Services
- Neonatal Abstinence Syndrome Program
Need Met for Substance Use Disorder Treatment Services
Texas Adults (FY2015)

- Total population with SUD in Texas: 8.1% total adult population (20,150,266) in Texas
- SUD population below 200% Federal Poverty Level (FPL): 42.4% of total SUD in Texas
- Persons served below 200% FPL: 5.7% of SUD below 200% FPL

- Total: 1,626,126
- Need Met: 689,803
- Persons served below 200% FPL: 39,387

1. Total population with SUD in Texas: 8.1% total adult population (20,150,266) in Texas
2. SUD population below 200% Federal Poverty Level (FPL): 42.4% of total SUD in Texas
3. Persons served below 200% FPL: 5.7% of SUD below 200% FPL
Need Met for Substance Use Disorder Treatment Services
Texas Youth (FY2015)

Persons served below 200% FPL: 5.2% of SUD below 200% FPL
5,258

SUD population below 200% FPL: 56.9% of total SUD in Texas
92,071

Total population with SUD aged 12-17 in Texas: 6.7% total population aged 12-17
(2,421,481) in Texas
161,755
Behavioral Health Funding by Source

### Mental Health Funding
- **State**: $542,292,511 (85%)
- **Federal**: $85,044,215 (13%)
- **Other**: $12,414,001 (2%)

### Substance Abuse Funding
- **State**: $42,341,125 (23%)
- **Federal**: $142,973,606 (77%)
- **Other**: -
Substance Abuse Treatment for Adults

• Description: An array of different intensity substance abuse programs for Texans aged 18 and up, including:
  • Detoxification Services
  • Residential Treatment Services
  • Outpatient Treatment Services

• Population served: Adult Texas residents who meet financial criteria for DSHS-funded substance use disorder services and meet clinical diagnosis criteria for a substance use disorder.
DHSHS-Funded Substance Abuse Treatment Facilities for Adults
Substance Abuse Treatment for Youth

- **Description:** An array of different intensity substance abuse treatment programs for Texas residents ages 13-17, including:
  - Intensive Residential Treatment (for individuals assessed as high severity)
  - Supportive Residential Treatment (for individuals assessed as moderate severity)
  - Outpatient Treatment (for individuals assessed as lower severity)

- **Population served:** Texas youth ages 13-17 who meet clinical diagnosis criteria for substance abuse or dependence
DSHS-Funded Substance Abuse Treatment Facilities for Youth
Substance Abuse Treatment for Women

• Description: Trauma-informed and gender-specific substance abuse treatment services for a specialized population of women in a structured environment

• Population served: Adult women with dependent children and pregnant women who meet clinical diagnosis criteria for a diagnosis of substance use disorder
DSHS-Funded Substance Abuse Treatment Facilities for Women

- Outpatient – Specialized Female
- Outpatient-Specialized Female
- Intensive Residential-Specialized Female
- Women and children – Supportive Residential
Opioid Treatment Services

• **Description:** Treatment services for opioid-dependent individuals
  • Alleviates adverse physiological effects of withdrawal from the use of opiates
  • Detoxifies the client to a drug-free state over a period of time according to the individualized needs of the client
• **Population served:** Adult Texas residents
  • Individuals who have experienced opioid dependency for at least 12 consecutive months
Co-occurring Psychiatric Substance Use Disorder Services

- **Description:** Services are intended to provide adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD)
  - Emphasizes integrated treatment where both disorders are seen as primary, in existing mental health and substance abuse treatment services

- **Population served:** Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues.
DSHS-Funded Co-occurring Psychiatric Substance Use Disorder Services Facilities
Neonatal Abstinence Program

- **Description**: A multi-pronged program to reduce the incidence and severity of problems experienced by newborns who were exposed to addictive opiate drugs while in the womb (neonatal abstinence syndrome)
  - Screening and outreach
  - Intervention and treatment
  - Specialized programs (residential treatment pilot, Mommies program)

- **Population served**: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues
Homelessness Services: Overview of Supportive Housing Programs

- Supportive Housing Program
- Healthy Community Collaboratives
- U.S. Department of Housing and Urban Development (HUD) Section 811 Project Rental Assistance Program
- Projections for Assistance in Transition from Homelessness (PATH)
- Home and Community-Based Services – Adult Mental Health
- Oxford Houses
- Money Follows the Person
- Project Access
Supportive Housing Program

• Description: Rental and utility assistance, in concert with mental health services, including:
  • Short term assistance up to 6 months
  • Long term assistance up to 12 months

• Population served: Texans with mental illness and co-occurring substance abuse who are homeless or imminently homeless and are receiving services through Local Mental Health Authorities in a full level of care
  • Currently, 18 LMHAs receive supportive housing funding
Health Community Collaboratives

• Description: Assistance with locating permanent housing and receiving services that will enable the individual to become independent and able to manage their own treatment
  • Requires extensive service array through collaboration with LMHAs, municipalities, and community stakeholders
  • Utilizes Permanent Supportive Housing (through mixture of vouchers and bridge subsidies)

• Population served: Chronically homeless individuals in Houston, Dallas, Forth Worth, San Antonio, and Austin with mental illness and/or co-occurring substance use issues
Projects for Assistance in Transition from Homelessness (PATH)

• Description: Street outreach, case management, housing services, and services that are supported by mainstream mental health programs
  • The program goal is to strengthen and increase referrals and link to permanent supported housing that will support recovery

• Population served: Individuals who have a serious mental illness and may also have co-occurring substance use disorders; and are homeless or at imminent risk of becoming homeless
Home and Community-Based Services
Adult Mental Health

• Description: A full and comprehensive array of services, including: supervised living, assisted living, supported home living, and host home/companion care
  • Services are delivered in home and community-based settings which include an individual’s home or apartment, an assisted living setting, or small community-based residence

• Population served: Individuals with serious mental illness (SMI) who have extended tenure in state mental health facilities, repeated arrests, or frequent emergency department visits
Home and Community-Based Services
Adult Mental Health

Home and Community-Based Services
Adult Mental Health Service Areas

- Current HCBS-AMH Service Areas
- Pending HCBS-AMH Service Areas
Description: A fund to administer start-up funds to eligible applicants from DSHS funded substance abuse programs to move into or be part of the opening of a new Oxford House

- Residents in Oxford Houses live in democratically run, self-supporting and drug free homes

Population served: Individuals in recovery from substance abuse disorders

- Individuals must remain abstinent from drugs and alcohol
- Individuals must pay an equal share of house expenses
Money Follows the Person

- **Description:** A grant program that helps individuals transition from institutions to community care
  - Services provided intended to improve adaptive functioning through Cognitive Adaptation Training (CAT), and substance abuse counseling
  - Individuals may also access Housing Choice vouchers
- **Population served:** Eligible individuals with co-occurring physical and mental health/substance abuse conditions in nursing facilities who want to live independently
  - Pilot in Bexar, Atascosa, Wilson, Guadalupe, Williamson, Hays, and Travis Counties (San Antonio and Austin)
  - Intake ceased on June 30th, 2016. Enrolled participants may continue to receive services through December 31, 2017.
Project Access Pilot Program

- **Description**: Housing vouchers to individuals in state funded psychiatric hospitals and Local Mental Health Authority services
  - The program operates through collaboration with The Texas Department of Housing and Community Affairs

- **Population**: Disabled individuals currently in state-funded psychiatric hospitals or who have been recently discharged