MHMR TARRANT

- Providing health care for nearly 50 years
- **2nd largest** Community Center in Texas
- Programs span 38 North Texas counties
- Nearly 2,000 employees serve almost 50,000 individuals every year
- **82,071 crisis calls** screened and assessed last year
SUBSTANCE USE DISORDERS (SUD)

- Top health issue in the United States
- Opioid Crisis
- 50% of adults with serious mental illness also have SUD
- Presence of a behavioral health disorder raises treatment costs for chronic medical conditions
- More than 50% of Americans with a behavioral health disorder do not receive treatment
  - Those who do receive treatment are more likely to receive treatment for their mental health than for their substance use
Adolescents

- Residential treatment
- Outpatient treatment
- Funded through Department of State Health Services (DSHS), local funds, Medicaid and other insurance

Adults

- Detox – residential and ambulatory
- Residential treatment
- Outpatient treatment
- Funded through DSHS, local funds, 1115 Waiver, Medicaid and other insurance
23% of homeless individuals report a mental health (MH) and/or substance use disorder (SUD)

National shift to Housing First

In 2016, Tarrant County’s annual homeless count was approximately 2,000

For individuals who receive MH or SUD services while in the Tarrant County jail, one in three also reports being homeless
HOMELESS SERVICES AT TARRANT

- Outreach
- Benefits assistance
- Case Management and support services for people housed through voucher programs
- Integrated primary and psychiatric care clinic
- Healthy Community Collaborative (funded in 83R) created local partnerships to assist people out of homelessness in five urban communities
Approximately 50% of returning service members and their families need behavioral health support.

Of the homeless individuals in the US, one in four is a veteran.

Veterans are twice as likely to experience chronic homelessness.

Movement to peer-to-peer support services for veterans.

VA serves veterans with honorable or general discharge.
VETERAN SERVICES AT TARRANT

- Military Veteran Peer Network
- Liberty House
- TVC funded counseling program
- VA contract for psychiatry and counseling
- Support in Veterans Court
- VETCO Collaborative
- Texas Lawyers for Texas Veterans
COLLABORATION IN TARRANT

- Local public and private partnerships
- Reduce barriers to access to care and enhance continuity of care
- Community problem solving
CONTINUED SYSTEM IMPROVEMENT

- Behavioral Health: an essential component of overall health
- HHSC Transformation opportunities
- From 2014 - 2015, Tarrant County experienced the 6th largest population increase by county in the US
- Workforce challenges
- Technology for the future
THANK YOU

For crisis support or to access services, call or text:

MHMR ICARE Call Center
24hr
817-335-3022 | 800-866-2465 toll-free