

By: Klick

H.C.R. No. 123

CONCURRENT RESOLUTION

1 WHEREAS, Texas is renowned for its distinctive and delicious
2 foods, and our state has put its brand on breakfast with a versatile
3 item that is beloved from the Panhandle to the Rio Grande: the
4 breakfast taco; and

5 WHEREAS, The taco has been one of the fundamental building
6 blocks of Mexican cuisine for well over a century and possibly much
7 longer; using savory breakfast foods such as eggs and potatoes as
8 taco fillings was a natural idea, and an account of pairing bacon
9 with a tortilla dates to the 1850s in a chronicle of a Texas to
10 California cattle drive; references in the press to tacos eaten for
11 breakfast are found beginning in the mid-20th century: in May 1959,
12 the *San Antonio Express and News* reported on a taco shop on the West
13 Side that featured egg tacos, and the *El Paso Herald-Post* reported
14 in May 1962 that gubernatorial candidate Don Yarborough had tacos
15 for breakfast while on the campaign trail; one of the earliest uses
16 of the term "breakfast taco" comes from a 1975 newspaper article
17 about a food tour of San Antonio; and

18 WHEREAS, More recently, a spirited debate has arisen over
19 which part of the state originated the breakfast taco; many Texans
20 of a certain age have fond memories, dating back decades, of being
21 served tacos for breakfast by their mothers and grandmothers in San
22 Antonio, South Texas, and the Rio Grande Valley, and by the 1960s,
23 the "taco for breakfast" could be found farther north in the Lone
24 Star State, on school menus in Kerrville and Seguin; some food

1 writers and restaurateurs have claimed that Austin originated the
2 term "breakfast taco," if not the food itself, which has led to an
3 energetic dissent from residents of San Antonio and other regions
4 and municipalities around the Lone Star State; and

5 WHEREAS, No matter where or when it got its start, the
6 breakfast taco has quickly become popular with both native Texans
7 and delighted visitors from across the nation; as long as it
8 includes a tortilla and is eaten for breakfast, the breakfast taco
9 can range from the simplest (tortilla and egg) to the traditional
10 (tortilla and *machacado con huevo*) to the innovative (tortilla,
11 eggs, and hot dogs) to the most extravagant (tortilla plus whatever
12 else is on the menu), and it can be enjoyed in every corner of the
13 state; and

14 WHEREAS, Whether purchased at a drive-through in Fort Worth,
15 ordered at a restaurant in Corpus Christi, or served by a loving
16 grandmother in Del Rio, the breakfast taco has become a signature
17 Texas food on a par with barbecue and chicken-fried steak, and it is
18 enjoyed by countless residents of the Lone Star State each morning
19 as the perfect way to start their day; now, therefore, be it

20 RESOLVED, That the 86th Legislature of the State of Texas
21 hereby designate the breakfast taco as the official state breakfast
22 item of Texas.