

UNIVERSITY OF HOUSTON

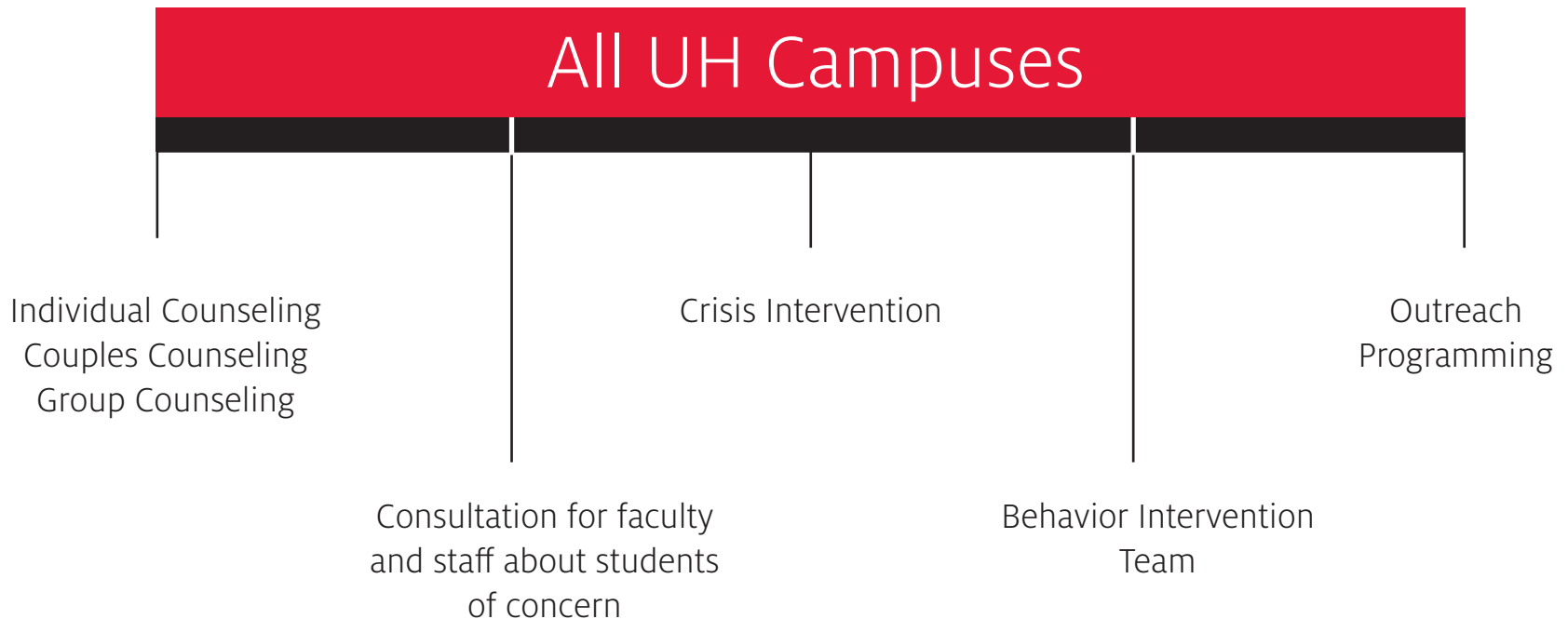
STUDENT MENTAL HEALTH

Texas House of Representatives
Mental Health Select Committee

September 22, 2016

UNIVERSITY of
HOUSTON
SYSTEM

TYPES OF SERVICES OFFERED



UNIQUE SERVICES



MAIN

- Let's Talk
- QPR Certified clinicians for suicide prevention training
- APA accredited Doctoral Psychology Internship
- After-hours crisis services



DOWNTOWN

- External referral to counseling affiliate network for Houston area students
- Case Management and referral to community resources
- After-hours crisis services



CLEAR LAKE

- Vocational Assessment and Counseling
- APA accredited Doctoral Psychology Internship



VICTORIA

- After-hours crisis services
- QPR certified instructors for suicide prevention training
- External referral to counseling affiliate network for Houston area students
- SPAT Team
- TIPS Alcohol Training
- Victim Intervention and Prevention Program & Victim Advocate
- Don't Cancel that Class

CLINICAL STAFF STRUCTURE

UH - MAIN*

14

FTE Senior Staff Members

4

Doctoral Interns

3

Practicum Trainees

STUDENT TO STAFF RATIO

1:3,129

TOTAL ENROLLMENT

43,797

UH - DOWNTOWN

1.9

FTE Contracted Staff

Additional Contracted
Staff

STUDENT TO STAFF RATIO

1:7,000

TOTAL ENROLLMENT

14,200

UH - CLEAR LAKE*

5

FTE Senior Staff Members

3

Doctoral Interns

3

Practicum Trainees

STUDENT TO STAFF RATIO

1:1,755

TOTAL ENROLLMENT

8,776

UH - VICTORIA

3

FTE Senior Staff Members

Additional Contracted
Staff

STUDENT TO STAFF RATIO

1:1,403

TOTAL ENROLLMENT

4,208

*International Association of Counseling Services (Ratio: 1:1,500)

PSYCHIATRIC SERVICES

UH - MAIN

2 Psychiatrists
in the UH
Health Center

UH - DOWNTOWN

Community
Referrals

UH - CLEAR LAKE

Consulting
Psychiatrist in
the Counseling
Center

UH - VICTORIA

Community
Referrals

COMMUNITY RESOURCES

UH - MAIN

The Harris Center for Mental Health and IDD

The Neuropsychiatric Center (NPC)

Ben Taub Hospital

UH - DOWNTOWN

The Harris Center for Mental Health and IDD

The Neuropsychiatric Center (NPC)

Ben Taub Hospital

UH - CLEAR LAKE

The Harris Center for Mental Health and IDD

The Neuropsychiatric Center (NPC)

Ben Taub Hospital

UH - VICTORIA

Gulf Bend Center

Mid-Coast Family Services

Billy T. Cattan Recovery Outreach

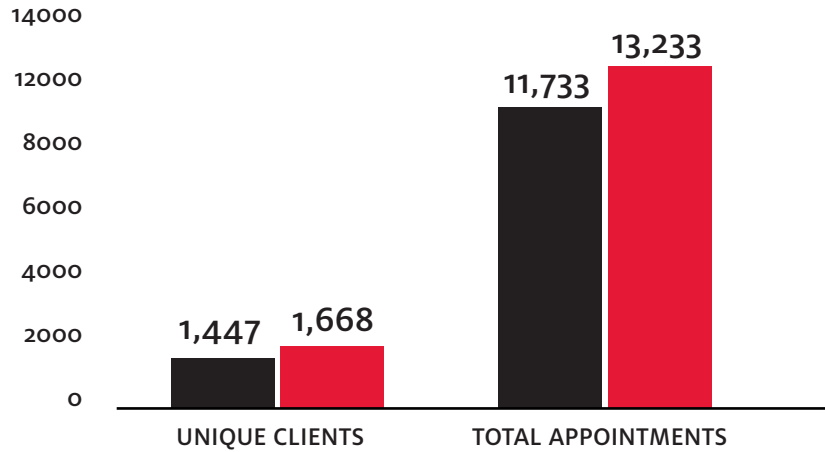
Detar Counseling and Wellness Center

Community Mental Health Centers of South Central Texas

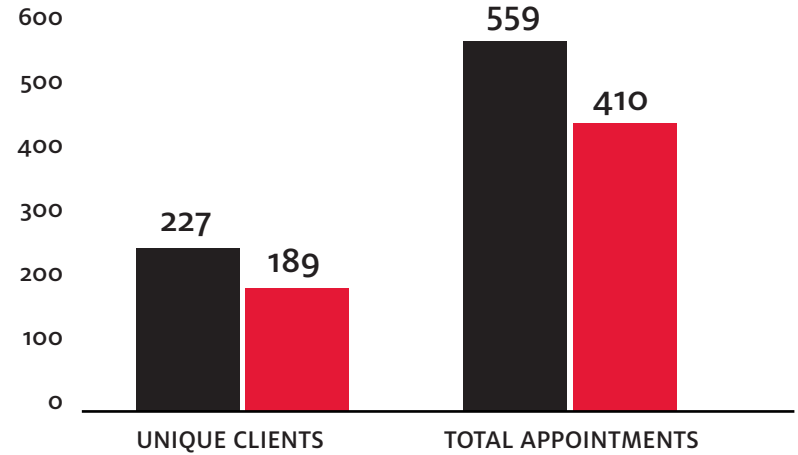
Veterans Resource Center

CLIENT STATISTICS (FY 15 vs. FY 16)

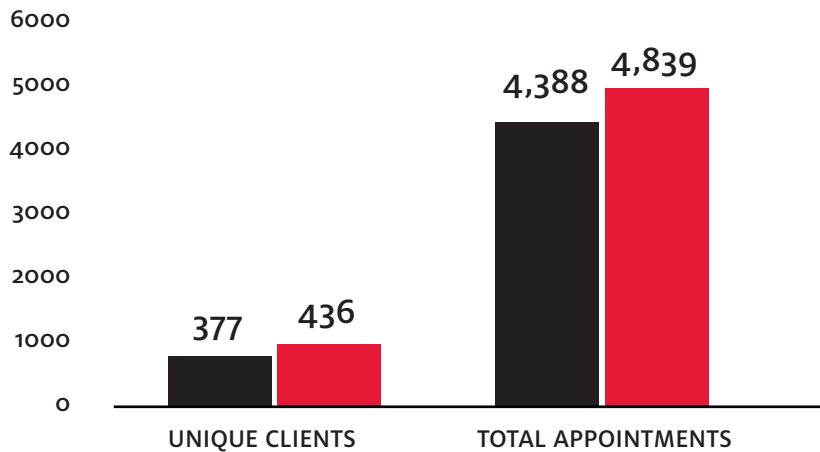
UH - MAIN



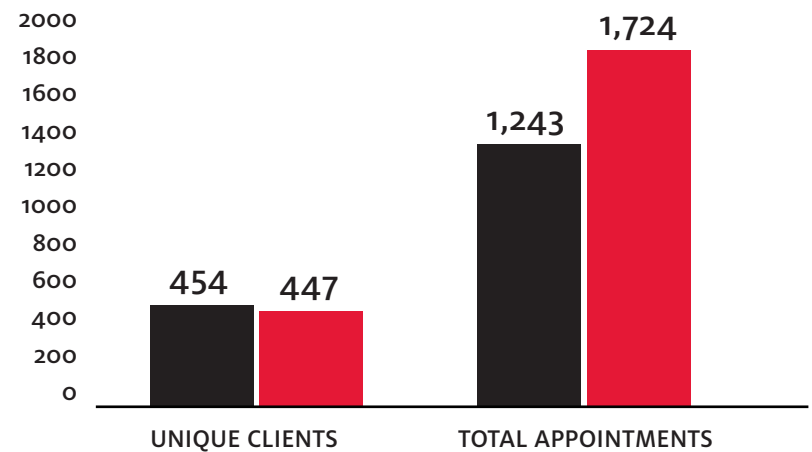
UH - DOWNTOWN



UH - CLEAR LAKE



UH - VICTORIA



■ FY '15 ■ FY '16

TRENDS: FY 15 - FY 16

UH - MAIN

15.27% ↑

All clinical services
(unique clients)

13% ↑

Total Scheduled
Appointments

58% ↑

Crisis Appointments

14.2% ↑

Hospitalizations

53% ↑

Conduct Assessment
Response Team Referrals

24.39% ↑

Let's Talk Consultations

UH - CLEAR LAKE

16% ↑

All clinical services
(unique clients)

10% ↑

Total Scheduled
Appointments

44% ↑

Crisis Appointments

29% ↑

Group Therapy Scheduled
Appointments

UH - VICTORIA

39% ↑

Total Scheduled
Appointments

100% ↑

Behavior Assessment Team
Referrals