

West Texas A&M University

Mental Health Services

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Jon Davis, AVP for Student Affairs

House Select Committee on Mental Health
September 22nd, 2016



West Texas A&M
University™

Snapshot of WTAMU

- Located in Canyon – Municipal Population 14,600
- Total Enrollment (Fall 2016) – 9,966
 - Undergraduate – 7,546
 - Graduate – 2,420
 - Residency – 26% on campus
 - Average Age – 25.5
 - 82% from Texas
- Degree Programs – 58 undergraduate, 39 masters, 1 doctorate



Mental Health Services

- Vice President for Student Affairs
 - Student Medical Services
 - Student Counseling Services
 - Health Integration
 - BIT (Behavior Intervention Team)
- ❖ UPD (University Police Department)
 - 2 trained mental health officers

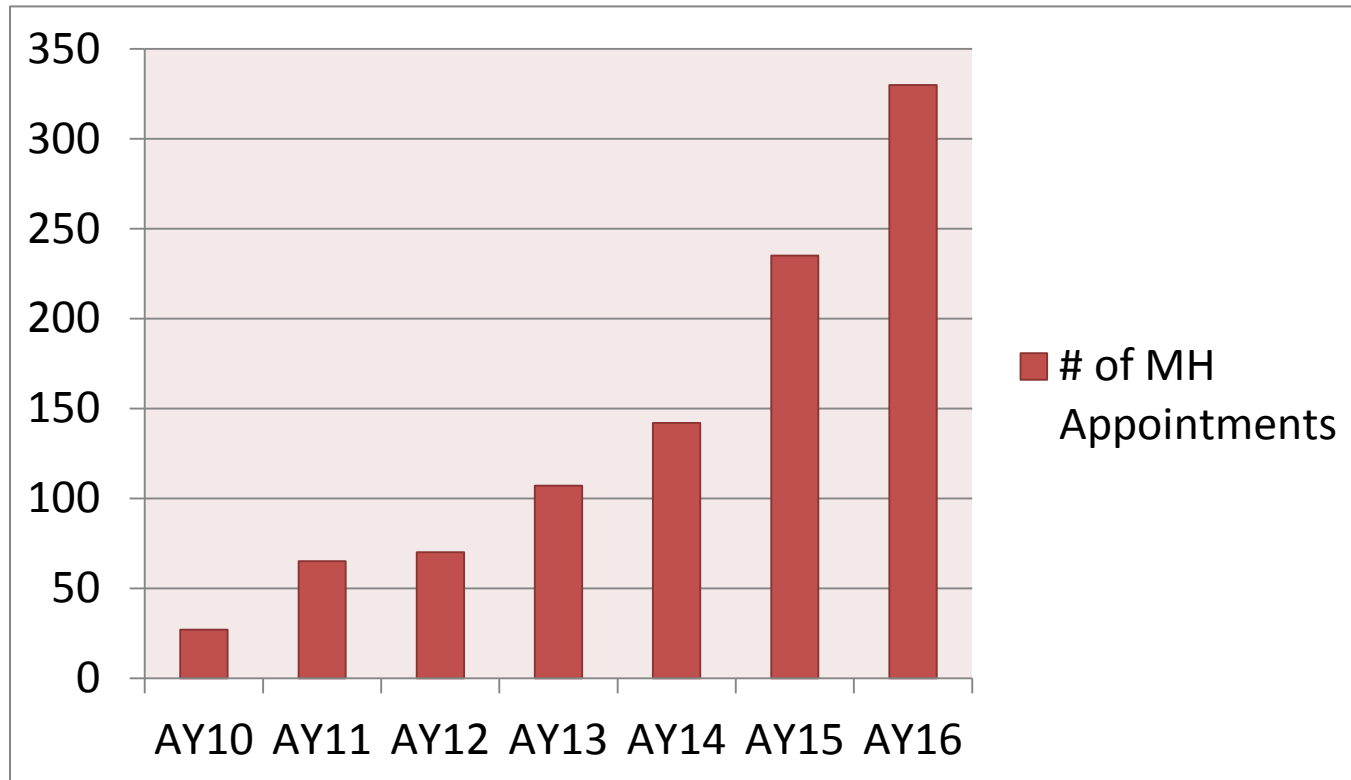


Student Medical Services

- Funding Source – Health Fee
- Staffing
 - 1- Physician, 2-NP's, 1-RN, 1-Radiology Tech, 1-RN/Director, 1-Office Manager, 1-Health Integration Specialist and 1- Contracted Psychiatrist (funded through 1115 waiver)
- # of Mental Health Appointments
 - Increased from 27 in AY10 to 330 in AY16
- Other Services
 - Class D Pharmacy
 - Patient Assistance Program



Mental Health Appointments in Student Medical Services

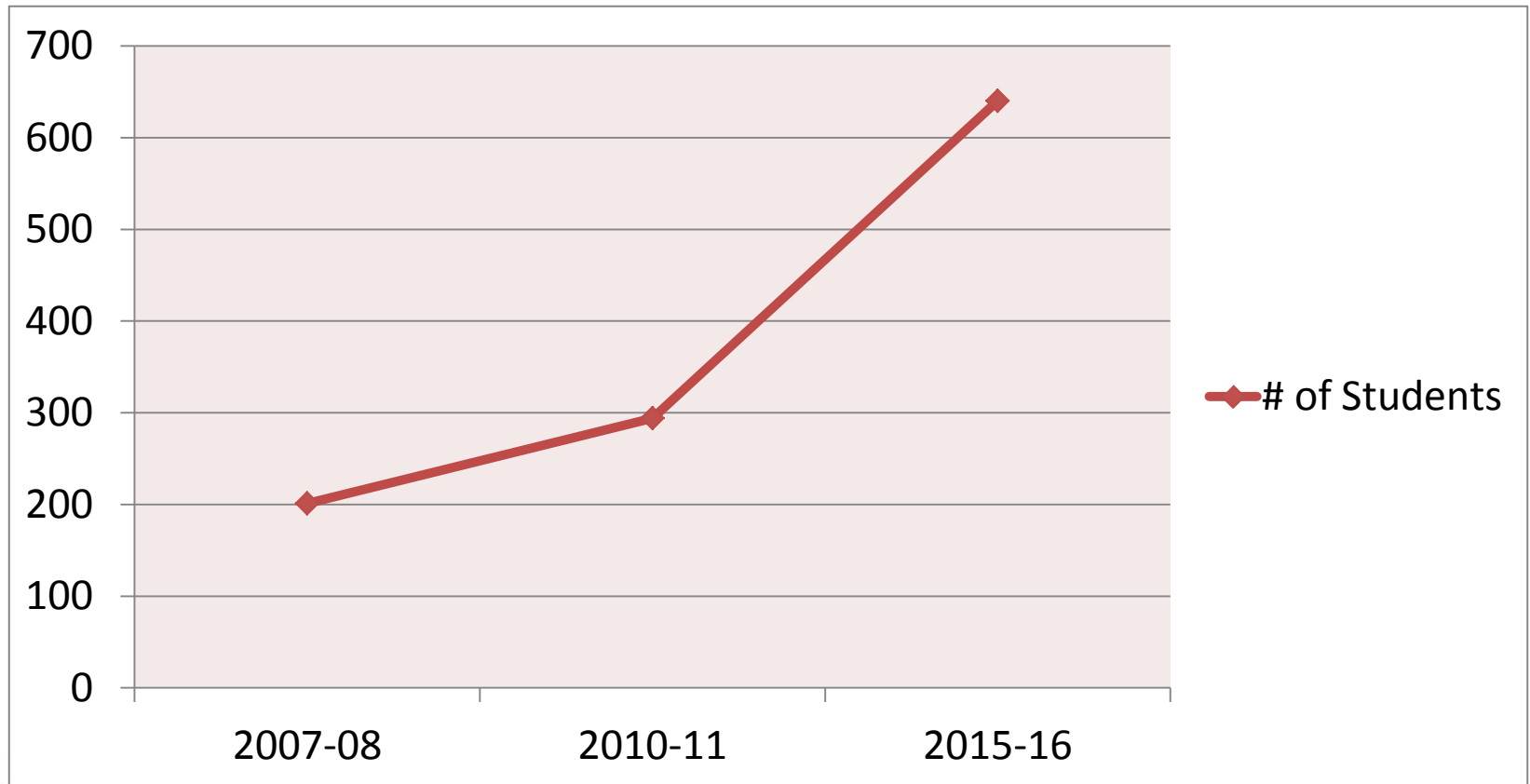


Student Counseling Services

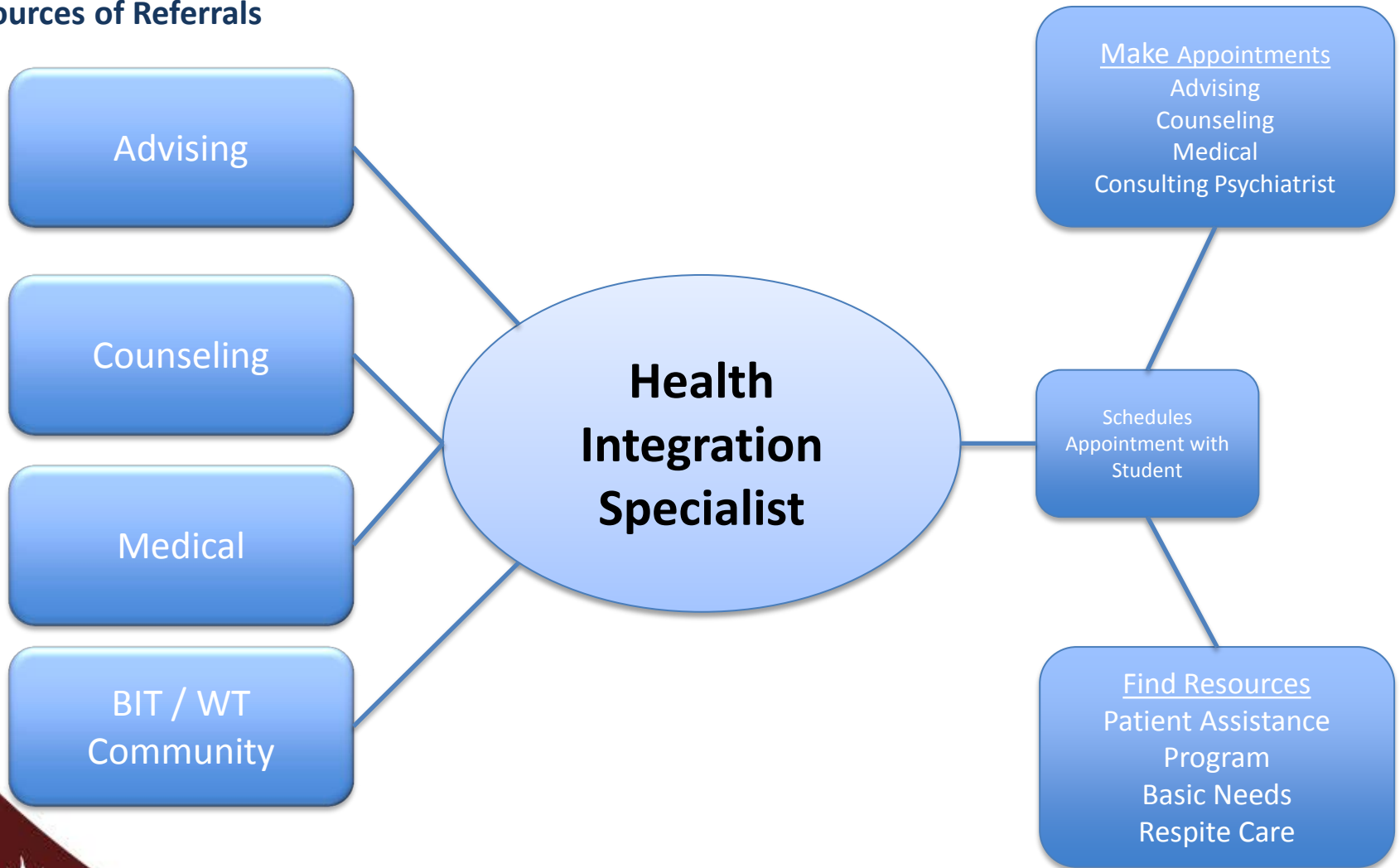
- Funding Source – Student Service Fee (Approximately 10% of Total)
- Staffing
 - 4-FT Professional Counselors, 1-Administrative Asst., 1-Director
- # of Students
 - 640 unique students with over 2,000 appointments during `15-`16
- Types of Presenting Issues (80%)
 - Anxiety
 - Depressive Disorder
 - Relational Problems
- Other Services
 - Psychological/Disability Assessments (Contracted)
 - Career Counseling



Student Counseling Services



Sources of Referrals



University Outreach

- Training for Faculty/Staff/Students
- Mental Health First Aid
- Class Presentations
- Website – University and Community Resources
- Mental Health Awareness Events (i.e. Suicide Prevention Week, etc.)



BIT-Behavior Intervention Team

- Chief of Police
- Assistant Provost
- Director of Student Counseling Services
- Director of Student Disability Services
- Director of Residential Living
- Director of Academic Advising
- Assistant Vice President for Student Affairs-Conduct
- Health Integration Specialist/Student Medical

