



Presentation on Substance Abuse and Homelessness Programs to the House Select Committee on Mental Health

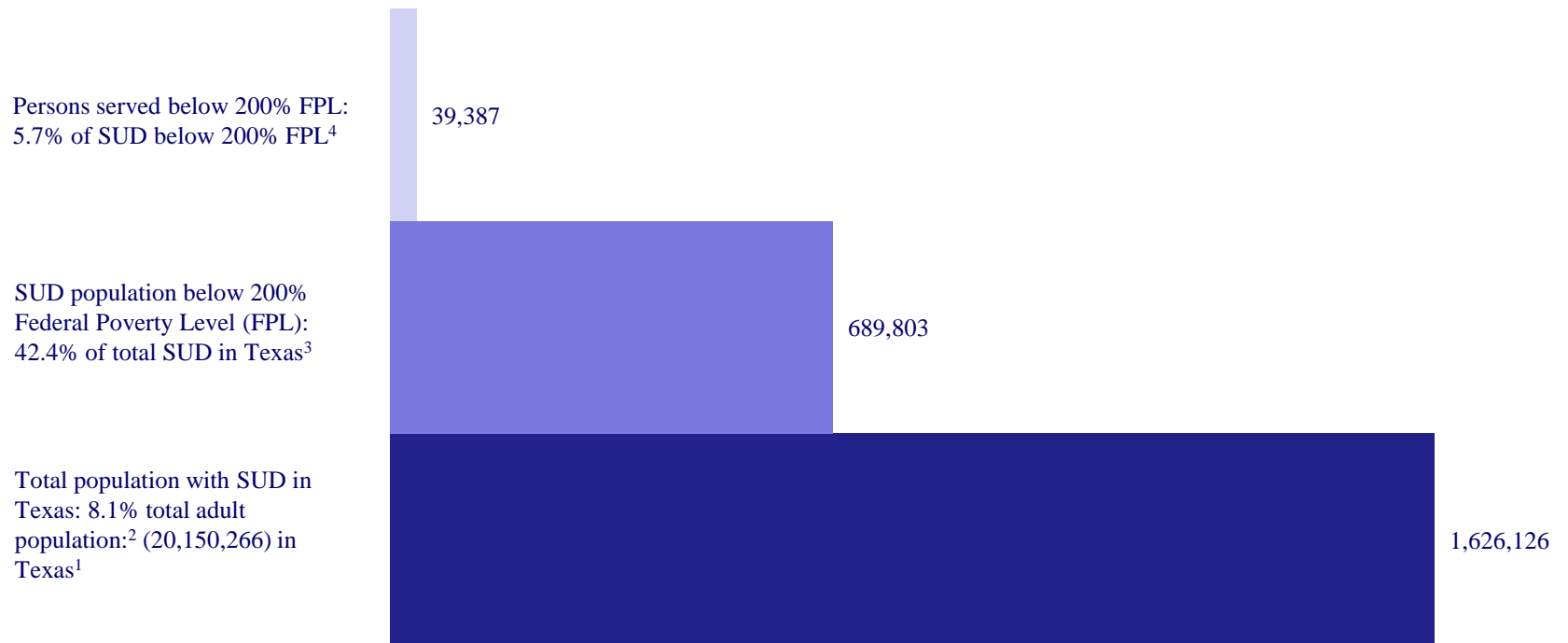
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Overview of Substance Abuse Services

- Prevalence Rates and Need Met
- Substance Abuse Treatment for Adults
- Substance Abuse Treatment for Youth
- Substance Abuse Treatment for Women
- Opioid Treatment Services
- Co-occurring Psychiatric Substance Use Disorder Services
- Neonatal Abstinence Syndrome Program

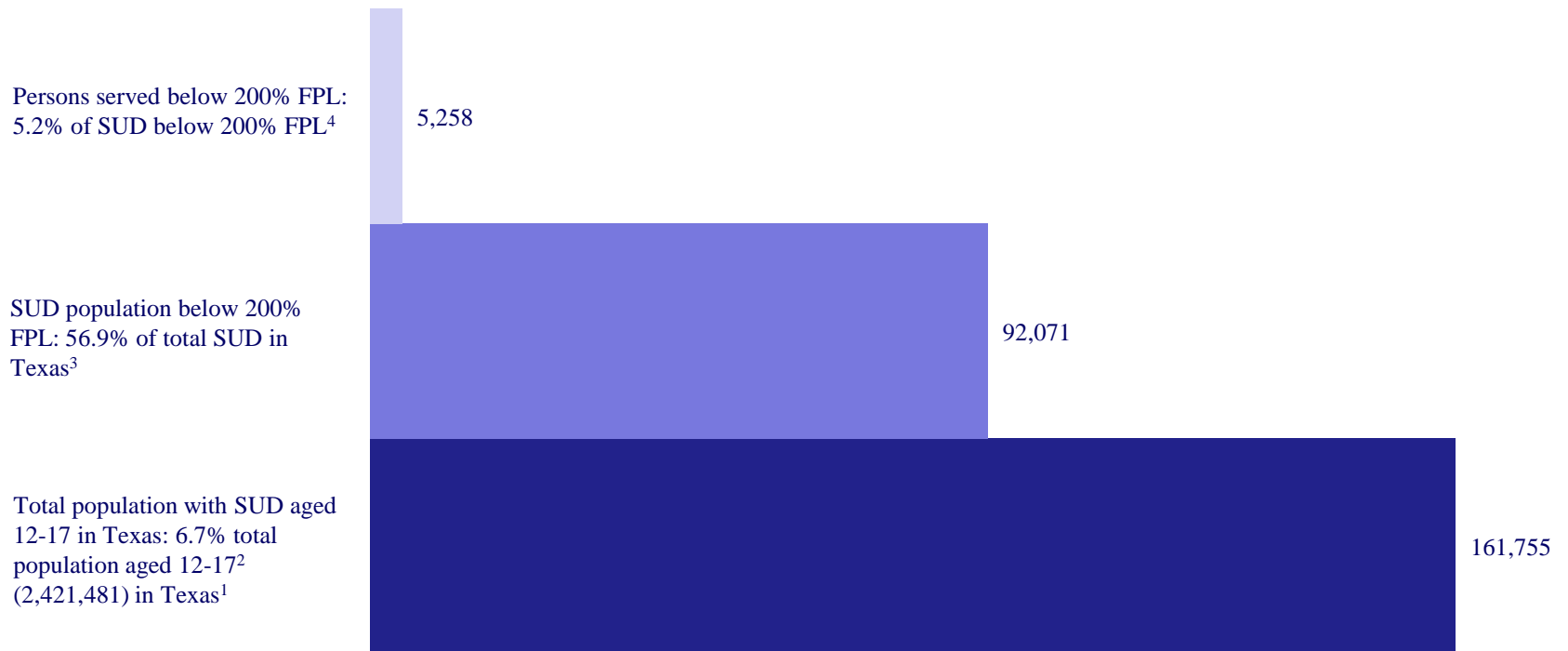
Substance Abuse Treatment Need Met - Adult

Need Met for Substance Use Disorder Treatment Services
Texas Adults (FY2015)



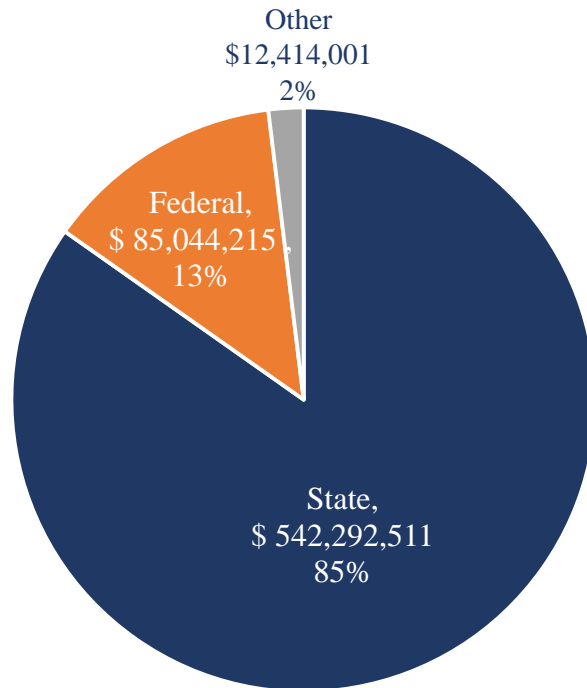
Substance Abuse Treatment Need Met - Youth

Need Met for Substance Use Disorder Treatment Services
Texas Youth (FY2015)



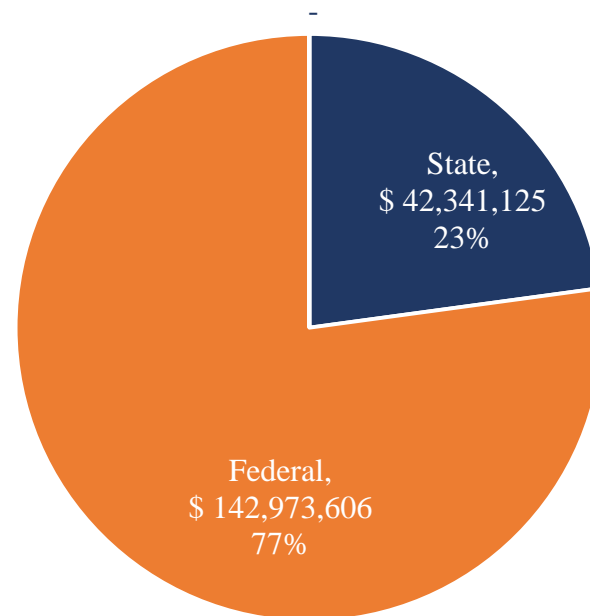
Behavioral Health Funding by Source

Mental Health Funding



■ State ■ Federal ■ Other

Substance Abuse Funding

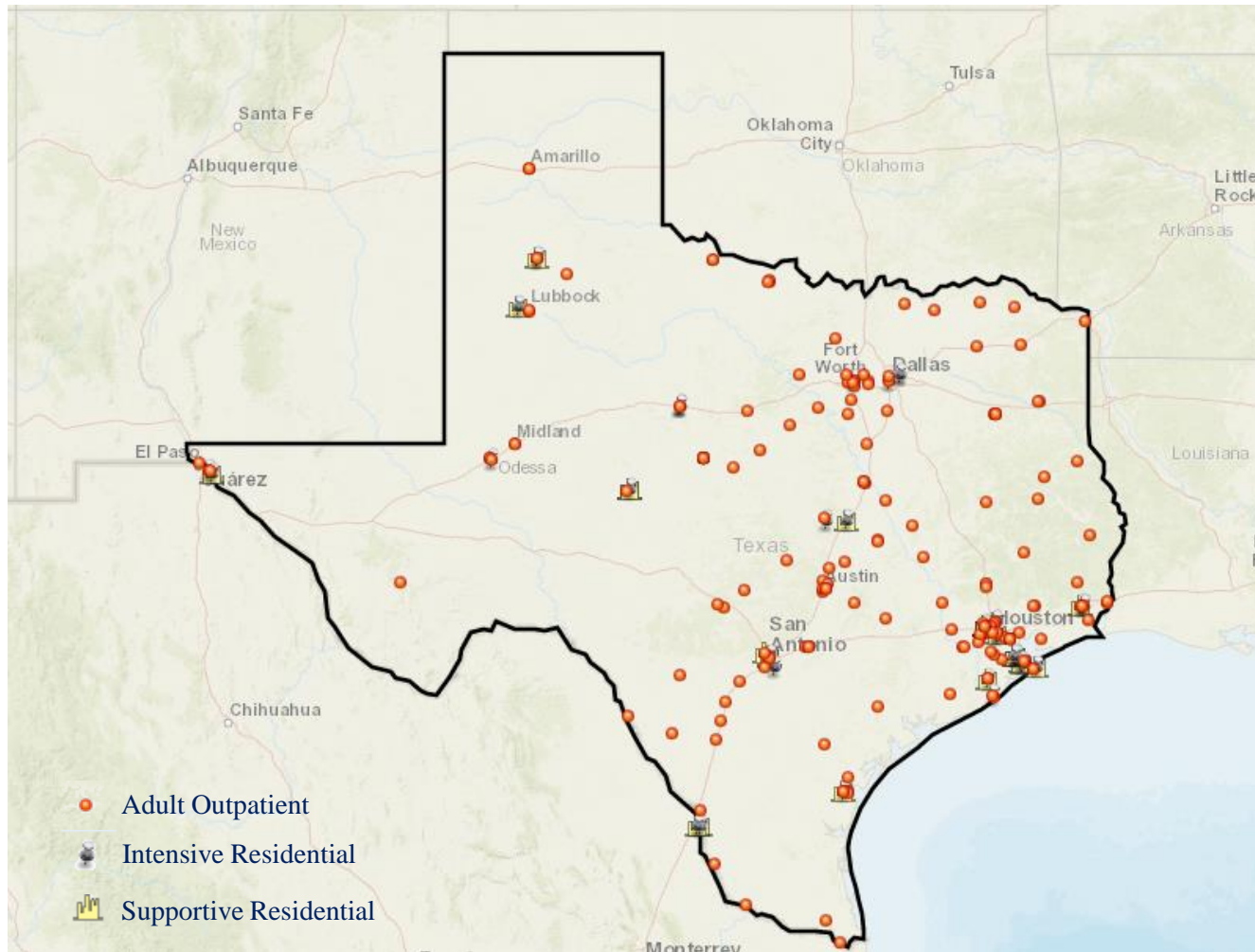


■ State ■ Federal ■ Other

Substance Abuse Treatment for Adults

- Description: An array of different intensity substance abuse programs for Texans aged 18 and up, including:
 - Detoxification Services
 - Residential Treatment Services
 - Outpatient Treatment Services
- Population served: Adult Texas residents who meet financial criteria for DSHS-funded substance use disorder services and meet clinical diagnosis criteria for a substance use disorder.

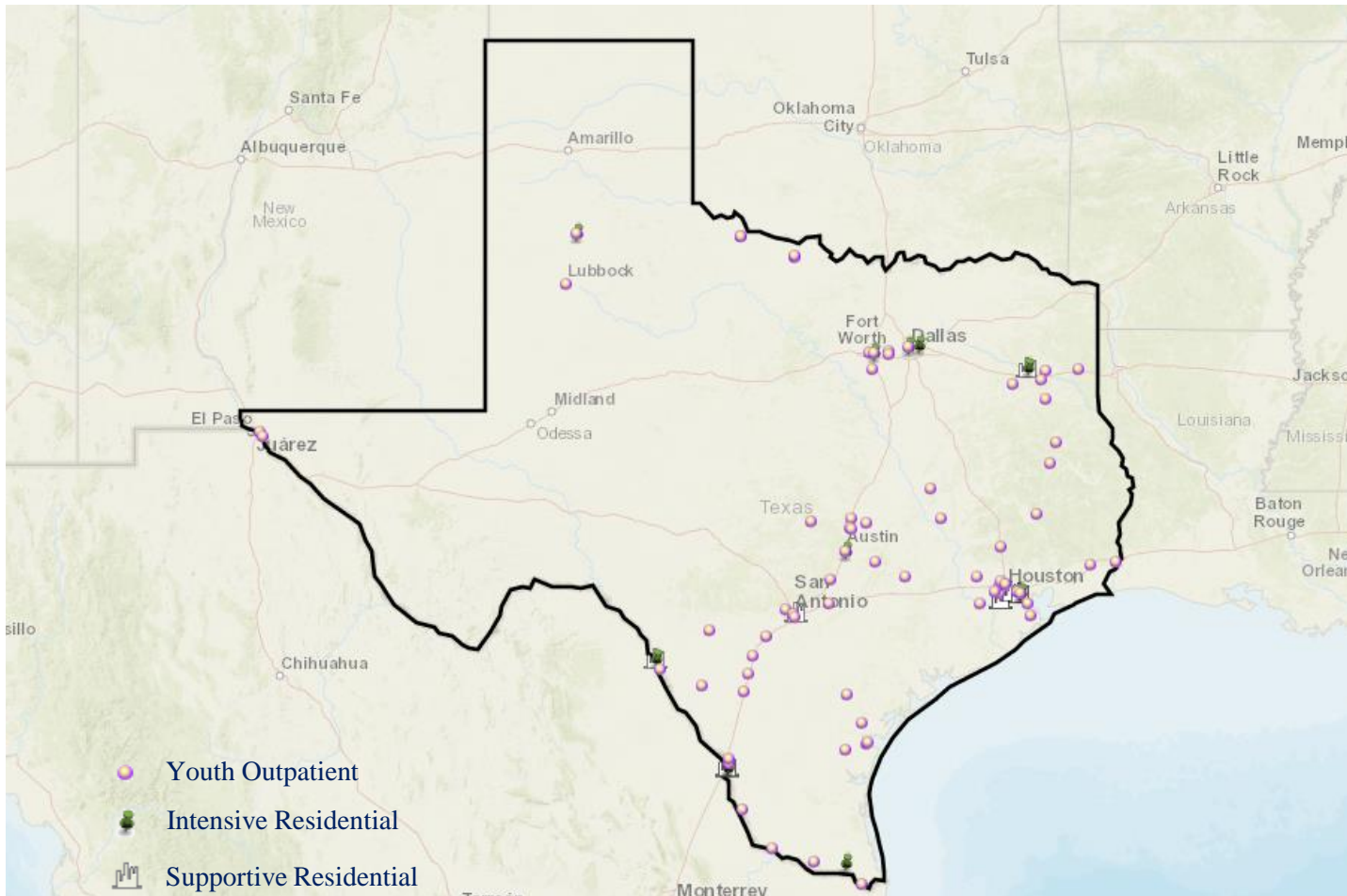
DSHS-Funded Substance Abuse Treatment Facilities for Adults



Substance Abuse Treatment for Youth

- **Description:** An array of different intensity substance abuse treatment programs for Texas residents ages 13-17, including:
 - **Intensive Residential Treatment** (for individuals assessed as high severity)
 - **Supportive Residential Treatment** (for individuals assessed as moderate severity)
 - **Outpatient Treatment** (for individuals assessed as lower severity)
- **Population served:** Texas youth ages 13-17 who meet clinical diagnosis criteria for substance abuse or dependence

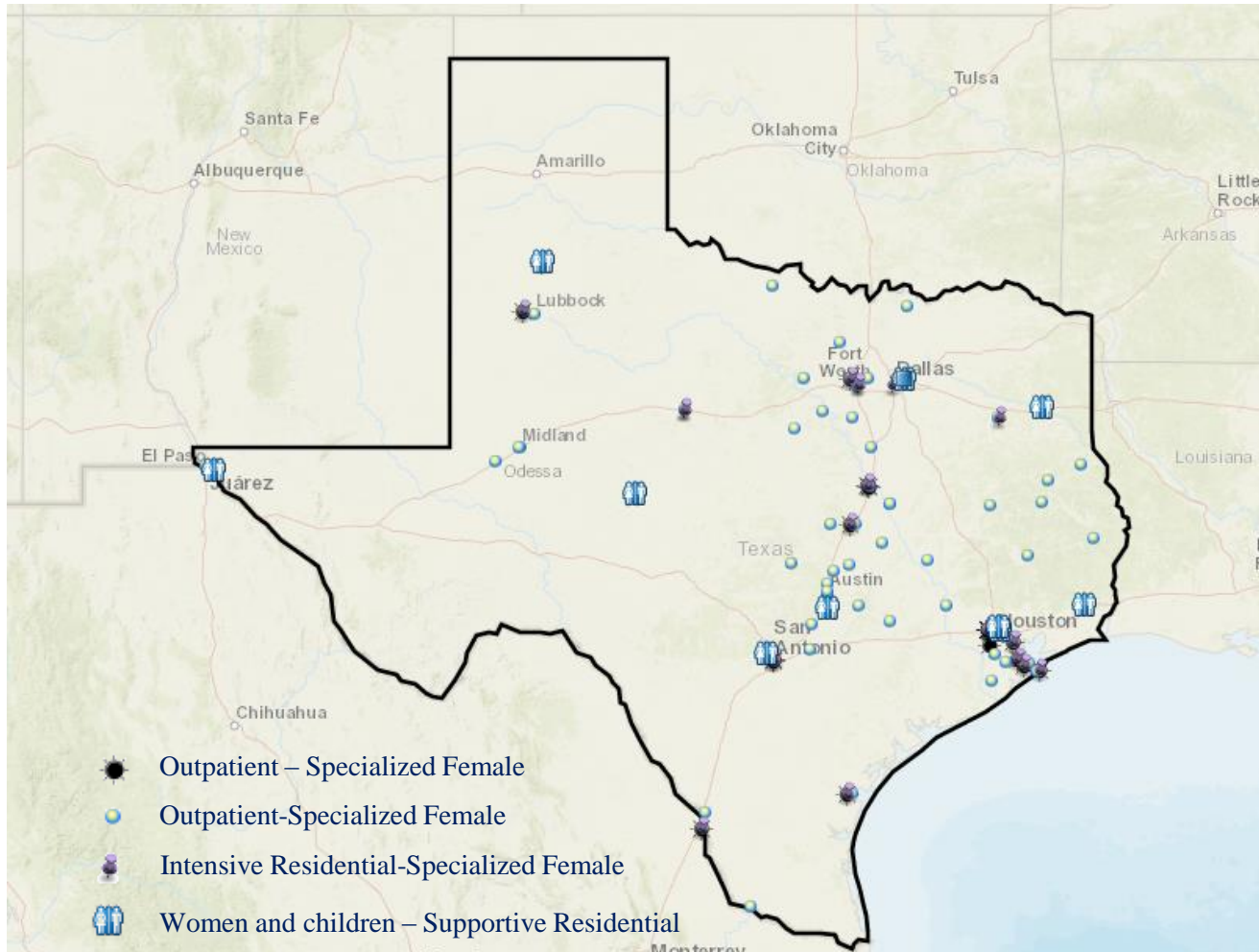
DSHS-Funded Substance Abuse Treatment Facilities for Youth



Substance Abuse Treatment for Women

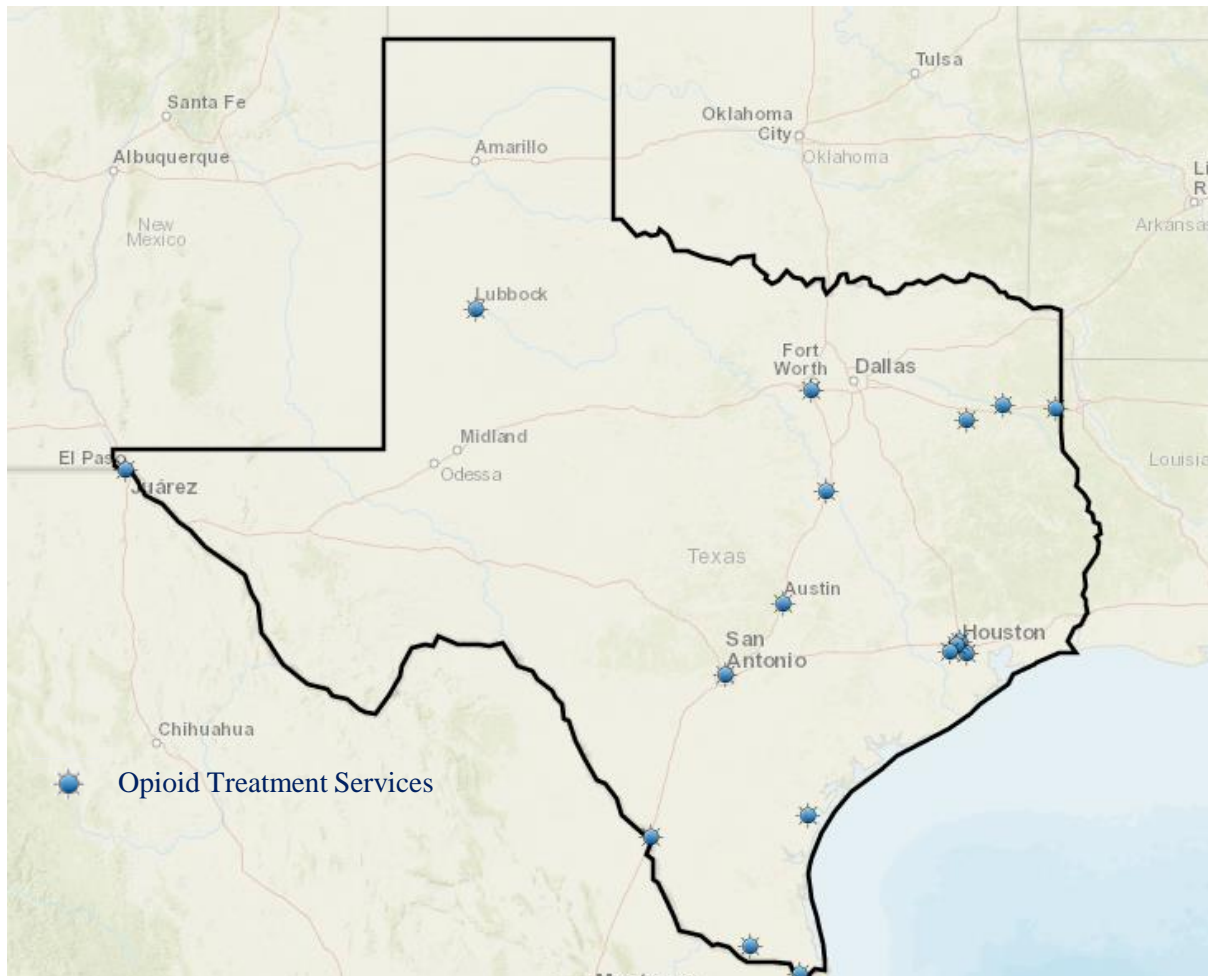
- Description: Trauma-informed and gender-specific substance abuse treatment services for a specialized population of women in a structured environment
- Population served: Adult women with dependent children and pregnant women who meet clinical diagnosis criteria for a diagnosis of substance use disorder

DSHS-Funded Substance Abuse Treatment Facilities for Women



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- **Description: Treatment services for opioid-dependent individuals**
 - Alleviates adverse physiological effects of withdrawal from the use of opiates
 - Detoxifies the client to a drug-free state over a period of time according to the individualized needs of the client
 - **Population served: Adult Texas residents**
 - Individuals who have experienced opioid dependency for at least 12 consecutive months

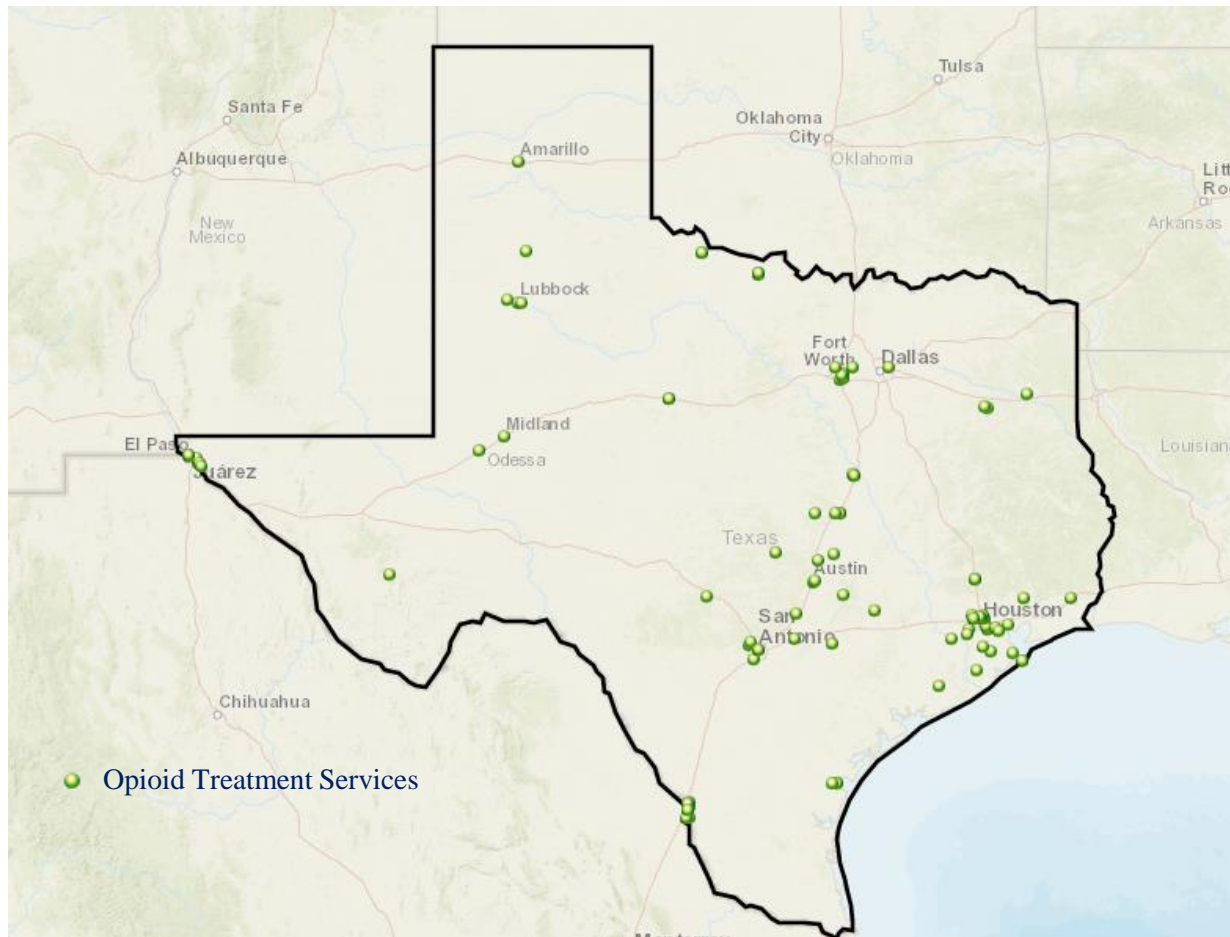
DSHS-Funded Opioid Treatment Services Facilities



Co-occurring Psychiatric Substance Use Disorder Services

- Description: Services are intended to provide adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD)
 - Emphasizes integrated treatment where both disorders are seen as primary, in existing mental health and substance abuse treatment services
- Population served: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues.

DSHS-Funded Co-occurring Psychiatric Substance Use Disorder Services Facilities



Neonatal Abstinence Program

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- Description: A multi-pronged program to reduce the incidence and severity of problems experienced by newborns who were exposed to addictive opiate drugs while in the womb (neonatal abstinence syndrome)
 - Screening and outreach
 - Intervention and treatment
 - Specialized programs (residential treatment pilot, Mommies program)
 - Population served: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues

Homelessness Services: Overview of Supportive Housing Programs

- Supportive Housing Program
- Healthy Community Collaboratives
- U.S. Department of Housing and Urban Development (HUD) Section 811 Project Rental Assistance Program
- Projections for Assistance in Transition from Homelessness (PATH)
- Home and Community-Based Services – Adult Mental Health
- Oxford Houses
- Money Follows the Person
- Project Access

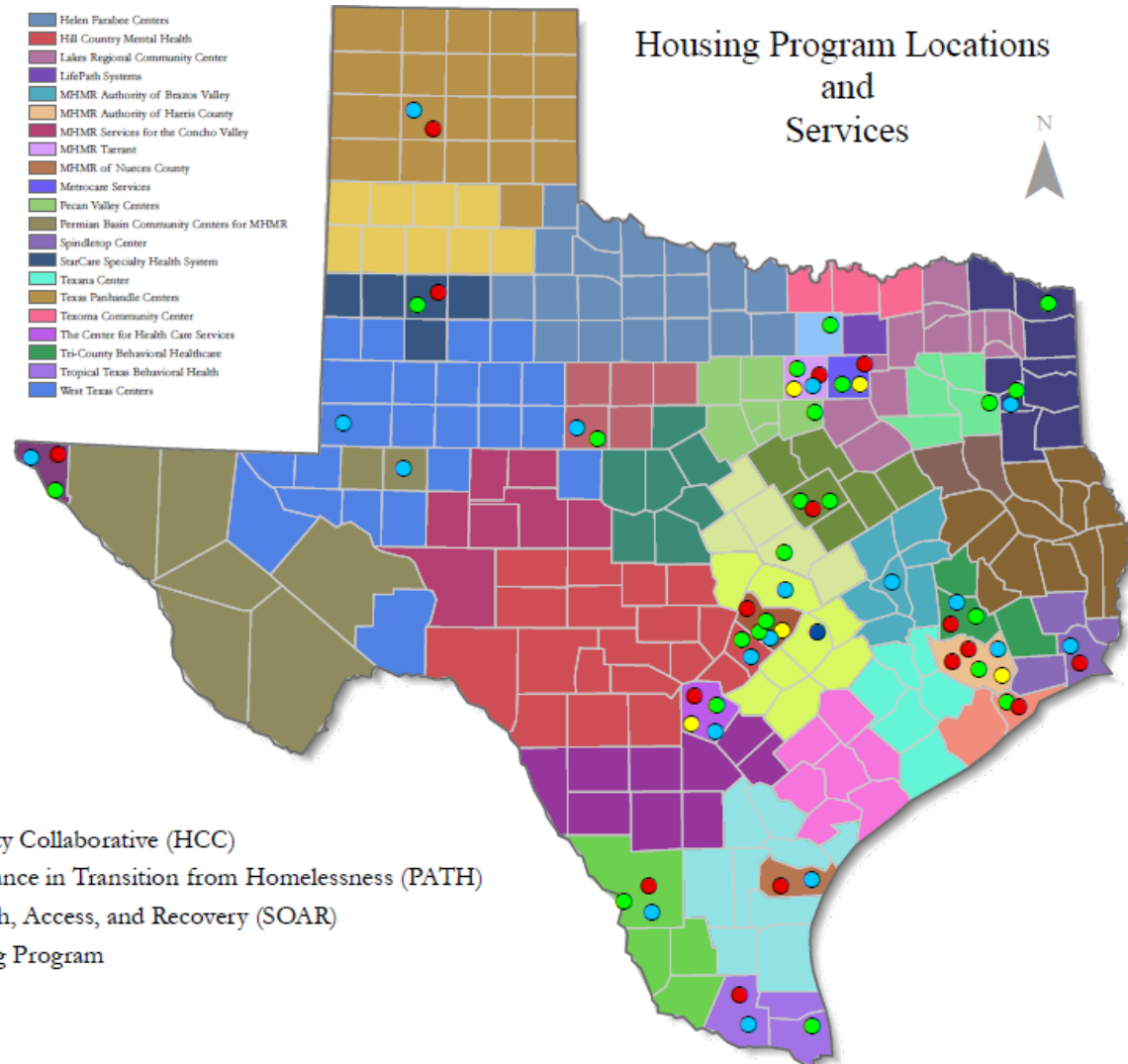
Supportive Housing Map

LMHA Catchment Areas

- ACCESS
- Andrews Center
- Austin Travis County Integral Care
- Behavioral Health Center of Nucoos County
- Betty Hardwick Center
- Blueribbon Trails Community Services
- Border Region Behavioral Health Center
- Burke Center
- Camino Real Community Services
- Center for Life Resources
- Central Counties Services
- Central Plains Center
- Coastal Plains Community Center
- Community Healthcare
- Denton County MHMR Center
- Emergency Health Network
- Gulf Bend Center
- Gulf Coast Center
- Heart of Texas Region MHMR Center

- Helen Parabee Centers
- Hill Country Mental Health
- Lakes Regional Community Center
- LifePath Systems
- MHMR Authority of Brazos Valley
- MHMR Authority of Harris County
- MHMR Services for the Concho Valley
- MHMR Tarrant
- MHMR of Nucoos County
- Metrocam Services
- Pecan Valley Centers
- Permian Basin Community Centers for MHMR
- Spindletop Center
- StarCare Specialty Health System
- Texana Center
- Texas Panhandle Centers
- Texasoma Community Center
- The Center for Health Care Services
- Tri-County Behavioral Healthcare
- Tropical Texas Behavioral Health
- West Texas Centers

Housing Program Locations and Services



Housing Programs

- Healthy Community Collaborative (HCC)
- Projects for Assistance in Transition from Homelessness (PATH)
- SSI/SSDI Outreach, Access, and Recovery (SOAR)
- Supported Housing Program
- 811 Waiver

Supportive Housing Program

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- Description: Rental and utility assistance, in concert with mental health services, including:
 - Short term assistance up to 6 months
 - Long term assistance up to 12 months
 - Population served: Texans with mental illness and co-occurring substance abuse who are homeless or imminently homeless and are receiving services through Local Mental Health Authorities in a full level of care
 - Currently, 18 LMHAs receive supportive housing funding

Health Community Collaboratives

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- Description: Assistance with locating permanent housing and receiving services that will enable the individual to become independent and able to manage their own treatment
 - Requires extensive service array through collaboration with LMHAs, municipalities, and community stakeholders
 - Utilizes Permanent Supportive Housing (through mixture of vouchers and bridge subsidies)
 - Population served: Chronically homeless individuals in Houston, Dallas, Forth Worth, San Antonio, and Austin with mental illness and/or co-occurring substance use issues

Projects for Assistance in Transition from Homelessness (PATH)

- Description: Street outreach, case management, housing services, and services that are supported by mainstream mental health programs
 - The program goal is to strengthen and increase referrals and link to permanent supported housing that will support recovery
- Population served: Individuals who have a serious mental illness and may also have co-occurring substance use disorders; and are homeless or at imminent risk of becoming homeless


Home and Community-Based Services

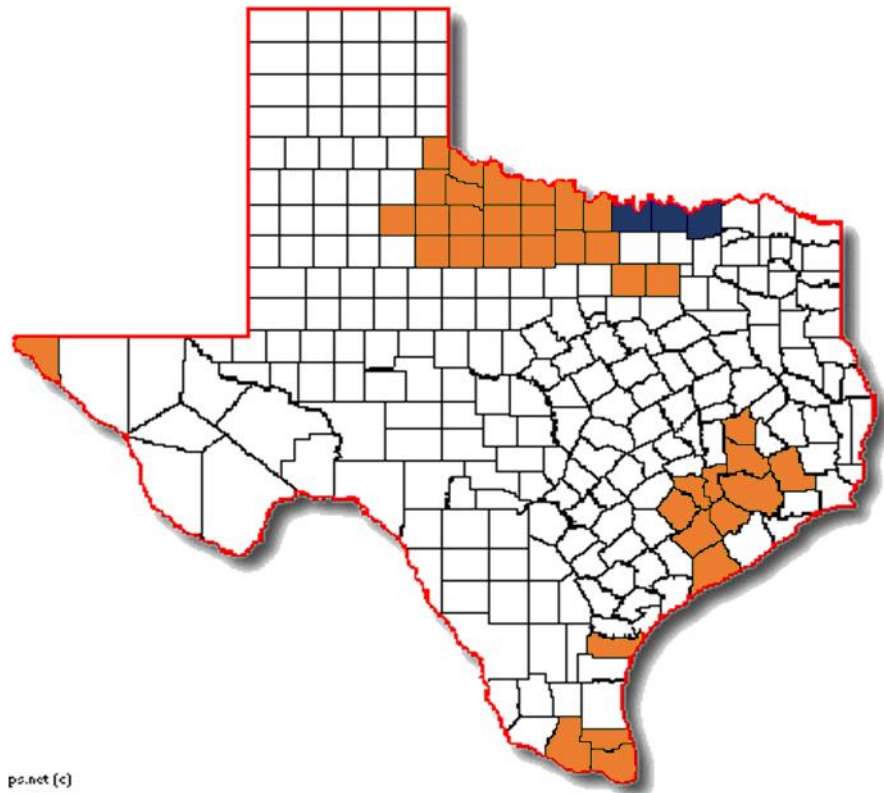
Adult Mental Health

- Description: A full and comprehensive array of services, including: supervised living, assisted living, supported home living, and host home/companion care
 - Services are delivered in home and community-based settings which include an individual's home or apartment, an assisted living setting, or small community-based residence
- Population served: Individuals with serious mental illness (SMI) who have extended tenure in state mental health facilities, repeated arrests, or frequent emergency department visits

Home and Community-Based Services Adult Mental Health

Home and Community-Based Services Adult Mental Health Service Areas

-  Current HCBS-AMH Service Areas
-  Pending HCBS-AMH Service Areas



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- **Description:** A fund to administer start-up funds to eligible applicants from DSHS funded substance abuse programs to move into or be part of the opening of a new Oxford House
 - Residents in Oxford Houses live in democratically run, self-supporting and drug free homes
 - **Population served:** Individuals in recovery from substance abuse disorders
 - Individuals must remain abstinent from drugs and alcohol
 - Individuals must pay an equal share of house expenses

Money Follows the Person

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- **Description:** A grant program that helps individuals transition from institutions to community care
 - Services provided intended to improve adaptive functioning through Cognitive Adaptation Training (CAT), and substance abuse counseling
 - Individuals may also access Housing Choice vouchers
 - **Population served:** Eligible individuals with co-occurring physical and mental health/substance abuse conditions in nursing facilities who want to live independently
 - Pilot in Bexar, Atascosa, Wilson, Guadalupe, Williamson, Hays, and Travis Counties (San Antonio and Austin)
 - Intake ceased on June 30th, 2016. Enrolled participants may continue to receive services through December 31, 2017.

Project Access Pilot Program

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- **Description:** Housing vouchers to individuals in state funded psychiatric hospitals and Local Mental Health Authority services
 - The program operates through collaboration with The Texas Department of Housing and Community Affairs
 - **Population:** Disabled individuals currently in state-funded psychiatric hospitals or who have been recently discharged