

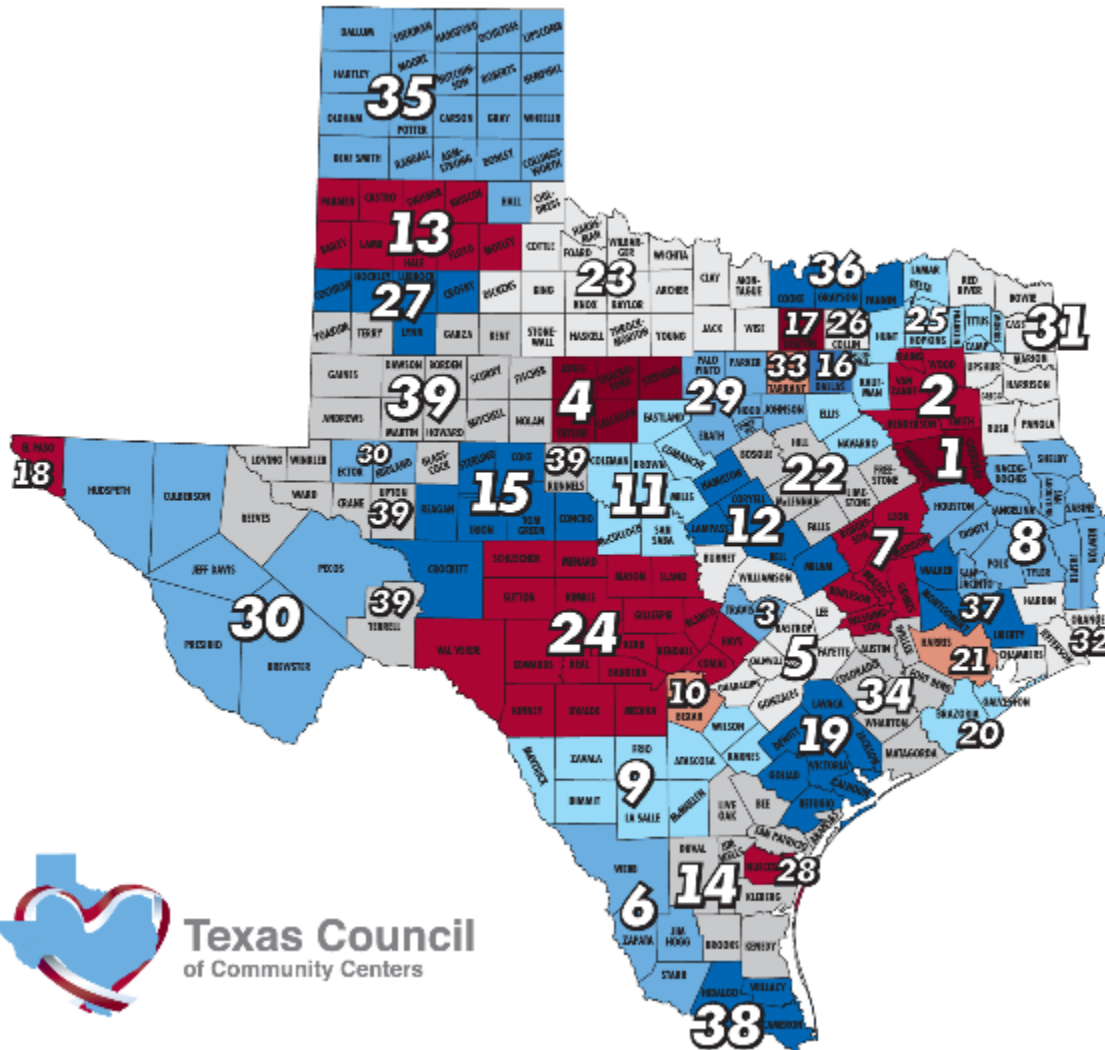
HOUSE SELECT COMMITTEE ON MENTAL HEALTH

Susan Garnett, MSW
Chief Executive Officer

August 16, 2016



COMMUNITY CENTERS OF TEXAS



- 1** ACCESS
- 2** Andrews Center Behavioral Healthcare System
- 3** Austin Travis County Integral Care
- 4** Betty Hardwick Center
- 5** Bluebonnet Trails Community Services
- 6** Border Region Behavioral Health Center
- 7** MHMR Authority of Brazos Valley
- 8** Burke
- 9** Carmino Real Community Services
- 10** The Center for Health Care Services
- 11** Center for Life Resources
- 12** Central Counties Services
- 13** Central Plains Center
- 14** Coastal Plains Community Center
- 15** MHMR Services for the Concho Valley
- 16** Metrocare Services
- 17** Denton County MHMR Center
- 18** Emergence Health Network
- 19** Gulf Bend Center
- 20** Gulf Coast Center
- 21** Harris Center for Mental Health & IDD
- 22** Heart of Texas Region MHMR Center
- 23** Helen Farabee Centers
- 24** Hill Country Mental Health and Developmental Disabilities Centers
- 25** Lakes Regional MHMR Center
- 26** LifePath Systems
- 27** StarCare Specialty Health System
- 28** Behavioral Health Center of Nueces County
- 29** Pecan Valley Centers for Behavioral & Developmental Healthcare
- 30** Permian Basin Community Centers
- 31** Community Healthcare
- 32** Spindletop Center
- 33** MHMR Tarrant
- 34** Texana Center
- 35** Texas Panhandle Centers
- 36** Texoma Community Center
- 37** Tri-County Services
- 38** Tropical Texas Behavioral Health
- 39** West Texas Centers



Texas Council
of Community Centers

MHMR TARRANT

- Providing health care for nearly **50 years**
- **2nd largest** Community Center in Texas
- Programs span **38 North Texas counties**
- Nearly 2,000 employees serve almost **50,000 individuals** every year
- **82,071 crisis calls** screened and assessed last year



SUBSTANCE USE DISORDERS (SUD)

- Top health issue in the United States
- Opioid Crisis
- 50% of adults with serious mental illness also have SUD
- Presence of a behavioral health disorder raises treatment costs for chronic medical conditions
- More than 50% of Americans with a behavioral health disorder do not receive treatment
 - Those who do receive treatment are more likely to receive treatment for their mental health than for their substance use

SUBSTANCE USE DISORDER SERVICES AT TARRANT

■ Adolescents

- Residential treatment
- Outpatient treatment
- Funded through Department of State Health Services (DSHS), local funds, Medicaid and other insurance



■ Adults

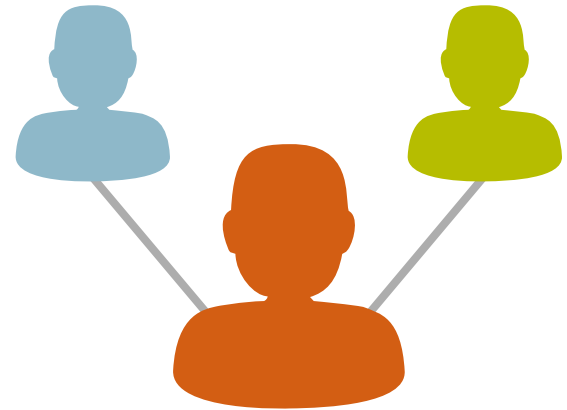
- Detox – residential and ambulatory
- Residential treatment
- Outpatient treatment
- Funded through DSHS, local funds, 1115 Waiver, Medicaid and other insurance

HOMELESS

- 23% of homeless individuals report a mental health (MH) and/or substance use disorder (SUD)
- National shift to Housing First
- In 2016, Tarrant County's annual homeless count was approximately 2,000
- For individuals who receive MH or SUD services while in the Tarrant County jail, one in three also reports being homeless

HOMELESS SERVICES AT TARRANT

- Outreach
- Benefits assistance
- Case Management and support services for people housed through voucher programs
- Integrated primary and psychiatric care clinic
- Healthy Community Collaborative (funded in 83R) created local partnerships to assist people out of homelessness in five urban communities



VETERANS

- Approximately 50% of returning service members and their families need behavioral health support
- Of the homeless individuals in the US, one in four is a veteran
- Veterans are twice as likely to experience chronic homelessness
- Movement to peer-to-peer support services for veterans
- VA serves veterans with honorable or general discharge



VETERAN SERVICES AT TARRANT

- Military Veteran Peer Network
- Liberty House
- TVC funded counseling program
- VA contract for psychiatry and counseling
- Support in Veterans Court
- VETCO Collaborative
- Texas Lawyers for Texas Veterans

COLLABORATION IN TARRANT

- Local public and private partnerships



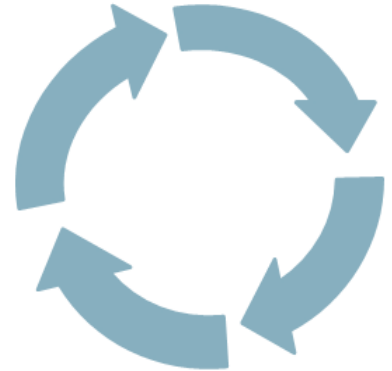
Centered in Care
Powered by Pride

- Reduce barriers to access to care and enhance continuity of care
- Community problem solving



CONTINUED SYSTEM IMPROVEMENT

- Behavioral Health: an essential component of overall health
- HHSC Transformation opportunities
- From 2014 - 2015, Tarrant County experienced the 6th largest population increase by county in the US
- Workforce challenges
- Technology for the future



THANK YOU

For crisis support or to access services, call or text:



MHMR ICARE Call Center

817-335-3022 | 800-866-2465 **toll-free**

