

1 AN ACT

2 relating to the creation of the state employee wellness program.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

4 SECTION 1. Chapter 664, Government Code, is amended by
5 designating Sections 664.001 through 664.006 as Subchapter A and
6 adding a subchapter heading to read as follows:

SUBCHAPTER A. STATE EMPLOYEES HEALTH FITNESS

AND EDUCATION PROGRAMS

9 SECTION 2. Section 664.001, Government Code, is amended to
10 read as follows:

11 Sec. 664.001. SHORT TITLE. This subchapter [chapter] may
12 be cited as the State Employees Health Fitness and Education Act of
13 1983.

14 SECTION 3. Section 664.003, Government Code, is amended to
15 read as follows:

16 Sec. 664.003. DEFINITION. In this subchapter [chapter],
17 "state agency" means a department, institution, commission, or
18 other agency of the state.

19 SECTION 4. Chapter 664, Government Code, is amended by
20 adding Subchapter B to read as follows:

SUBCHAPTER B. STATE EMPLOYEE WELLNESS PROGRAM

22 Sec. 664.051. DEFINITIONS. In this subchapter:

1 (2) "Department" means the Department of State Health
2 Services.

3 (3) "Executive commissioner" means the executive
4 commissioner of the Health and Human Services Commission.

5 (4) "State agency" means a department, institution,
6 commission, or other agency that is in the executive, judicial, or
7 legislative branch of state government.

8 (5) "State employee" means a state employee who
9 participates in a health benefits program administered under
10 Chapter 1551, Insurance Code.

11 Sec. 664.052. RULES. The executive commissioner shall
12 adopt rules for the administration of this subchapter, including
13 rules prescribing the frequency and location of board meetings.

14 Sec. 664.053. CREATION OF MODEL PROGRAM; DESIGNATION OF
15 COORDINATOR. (a) The department shall designate a statewide
16 wellness coordinator to create and develop for use by state
17 agencies a model statewide wellness program to improve the health
18 and wellness of state employees. The wellness program may include:

19 (1) education that targets the most costly or
20 prevalent health care claims, including information addressing
21 stress management, nutrition, healthy eating habits, alcohol and
22 drug abuse, physical activity, disease prevention, and smoking
23 cessation;

24 (2) the dissemination or use of available health risk
25 assessment tools and programs, including surveys that identify an
26 employee's risk level for health-related problems and programs that
27 suggest to employees methods for minimizing risks;

1 (3) the development of strategies for the promotion of
2 health, nutritional, and fitness-related resources in state
3 agencies;

4 (4) the development and promotion of environmental
5 change strategies that integrate healthy behaviors and physical
6 activity, including recommending healthy food choices in snack
7 bars, vending machines, and state-run cafeterias located in state
8 buildings; and

9 (5) optional incentives to encourage participation in
10 the wellness program, including providing flexibility in employee
11 scheduling to allow for physical activity and participation in the
12 wellness program and coordinating discounts with gyms and fitness
13 centers across the state.

14 (b) The statewide wellness coordinator shall:

15 (1) coordinate with other agencies that administer a
16 health benefits program under Chapter 1551, Insurance Code, as
17 necessary to develop the model wellness program, prevent
18 duplication of efforts, provide information and resources to
19 employees, and encourage the use of wellness benefits included in
20 the health benefits program;

21 (2) maintain a set of Internet links to health
22 resources for use by state employees;

23 (3) design an outreach campaign to educate state
24 employees about health and fitness-related resources, including
25 available exercise facilities, online tools, and health and
26 fitness-related organizations;

27 (4) study the implementation and participation rates

1 of state agency worksite wellness programs and report the findings
2 to the legislature biennially; and

3 (5) organize an annual conference hosted by the
4 department for all state agency wellness councils.

5 (c) The statewide wellness coordinator may consult with a
6 state agency operating health care programs on matters relating to
7 wellness promotion.

8 (d) A state agency shall designate an employee to serve as
9 the wellness liaison between the agency and the statewide wellness
10 coordinator.

11 (e) A state agency may implement a wellness program based on
12 the model program or components of the model program developed
13 under this section.

14 (f) The statewide wellness coordinator may assist a state
15 agency in establishing employee wellness demonstration projects
16 that incorporate best practices for encouraging employee
17 participation and the achievement of wellness benefits. A wellness
18 program demonstration project may implement strategies to optimize
19 the return of state investment in employee wellness, including
20 savings in direct health care costs and savings from preventing
21 conditions and diagnoses through better employee wellness.

22 Sec. 664.054. WORKSITE WELLNESS ADVISORY BOARD;
23 COMPOSITION. (a) The board consists of the following 13 members
24 appointed by the executive commissioner:

25 (1) five state agency employees, including one
26 employee of each of the following agencies:

27 (A) Department of Agriculture;

(B) Texas Education Agency;

(C) Texas Department of Transportation;

(D) Texas Department of Criminal Justice; and

(E) the department;

(2) one other employee of the department who is

involved in worksite wellness efforts at the department;

(3) one employee of the Employees Retirement System of

Texas;

(4) two state employee representatives of an eligible

state employee organization described by Section 403.0165 with at

least 10,000 active, dues-paying members;

(5) one worksite wellness professional;

(6) one representative of the American Cancer Society;

(7) one representative of the American Heart

Association; and

(8) one representative of the Texas Medical

Association

(b) In appointing members to the board, the executive

commissioner shall:

(1) make an effort to appoint at least one member from

each of the health and human services regions; and

(2) consider input received from state agency

employees

(a)

63

was carried out in each town, involving 1000 subjects of each sex.

1 odd-numbered year and may be reappointed. Each member of the board
2 who is a state officer or employee serves on the board at the
3 pleasure of the executive commissioner.

4 (e) If a vacancy occurs, the executive commissioner shall
5 appoint a person to fill the vacancy.

6 (f) A state officer or employee appointed to the board
7 serves on the board ex officio as an additional duty of the member's
8 office or employment.

9 Sec. 664.055. REIMBURSEMENT. A member of the board may not
10 receive compensation for service as a board member but is entitled
11 to reimbursement of the member's travel expenses:

12 (1) under the rules for reimbursement that apply to
13 the member's office or employment, if the member is a state officer
14 or employee; or

15 (2) as provided by the General Appropriations Act, if
16 the member is not a state officer or employee.

17 Sec. 664.056. ADMINISTRATION. The board is
18 administratively attached to the department. The department shall
19 provide the staff necessary for the board to perform its duties.

20 Sec. 664.057. APPLICABILITY OF OTHER LAW. Chapter 2110
21 does not apply to the size, composition, or duration of the board.

22 Sec. 664.058. DONATIONS. The board may receive in-kind and
23 monetary gifts, grants, and donations from public and private
24 donors to be used for the purposes of this subchapter.

25 Sec. 664.059. DUTIES. The board shall advise the
26 department, executive commissioner, and statewide wellness
27 coordinator on worksite wellness issues, including:

1 (1) funding and resource development for worksite
2 wellness programs;

3 (2) identifying food service vendors that
4 successfully market healthy foods;

5 (3) best practices for worksite wellness used by the
6 private sector; and

7 (4) worksite wellness features and architecture for
8 new state buildings based on features and architecture used by the
9 private sector.

10 Sec. 664.060. STATE AGENCY WELLNESS COUNCILS. (a) A state
11 agency may facilitate the development of a wellness council
12 composed of employees and managers of the agency to promote
13 worksite wellness in the agency.

14 (b) A wellness council may work to:

15 (1) increase employee interest in worksite wellness;
16 (2) develop and implement policies to improve agency
17 infrastructure to allow for increased worksite wellness; and
18 (3) involve employees in worksite wellness programs.

19 (c) Members of a wellness council may review the
20 recommendations of the board and develop a plan to implement the
21 recommendations.

22 (d) A state agency may allow its employees to participate in
23 wellness council activities for two or more hours each month.

24 (e) The department shall provide technical support to each
25 state agency wellness council and shall provide financial support
26 to councils if funds are available.

27 (f) A wellness council may annually identify best practices

1 for worksite wellness in the agency and report the practices to the
2 board.

3 Sec. 664.061. AGENCY WELLNESS POLICIES. A state agency
4 may:

5 (1) allow each employee 30 minutes during normal
6 working hours for exercise three times each week;

7 (2) allow all employees to attend on-site wellness
8 seminars when offered; and

9 (3) provide eight hours of additional leave time each
10 year to an employee who:

11 (A) receives a physical examination; and

12 (B) completes either an online health risk
13 assessment tool provided by the board or a similar health risk
14 assessment conducted in person by a worksite wellness coordinator.

15 SECTION 5. The executive commissioner of the Health and
16 Human Services Commission shall adopt rules under Subchapter B,
17 Chapter 664, Government Code, as added by this Act, not later than
18 January 1, 2008.

19 SECTION 6. Section 664.006, Government Code, is repealed.

20 SECTION 7. This Act takes effect September 1, 2007.

H.B. No. 1297

President of the Senate

Speaker of the House

I certify that H.B. No. 1297 was passed by the House on April 26, 2007, by the following vote: Yeas 142, Nays 0, 1 present, not voting; and that the House concurred in Senate amendments to H.B. No. 1297 on May 23, 2007, by the following vote: Yeas 144, Nays 2, 2 present, not voting.

Chief Clerk of the House

I certify that H.B. No. 1297 was passed by the Senate, with amendments, on May 18, 2007, by the following vote: Yeas 29, Nays 0.

Secretary of the Senate

APPROVED: _____

Date

Governor